

Writing a Journal Entry

写日志

Suppose you are about to take a trip to a new place or a different country. You're excited! There will be so much to experience, and it will be very different from your day-to-day life. You plan to take lots of photographs to help you remember your trip. But photographs can only tell so much about a place. How else can you keep a record of what you see and experience? You can write about it in a journal.

In a journal, you can record your activities, observations¹, and thoughts. You can make an entry on each day of your trip to keep track of² everything you do and see. Keeping a journal is a good way to become a better writer. It is also a lot of fun to read through your old journals to remember what you've done and thought!

1. observation *n.* 观察
 2. keep track of 记录

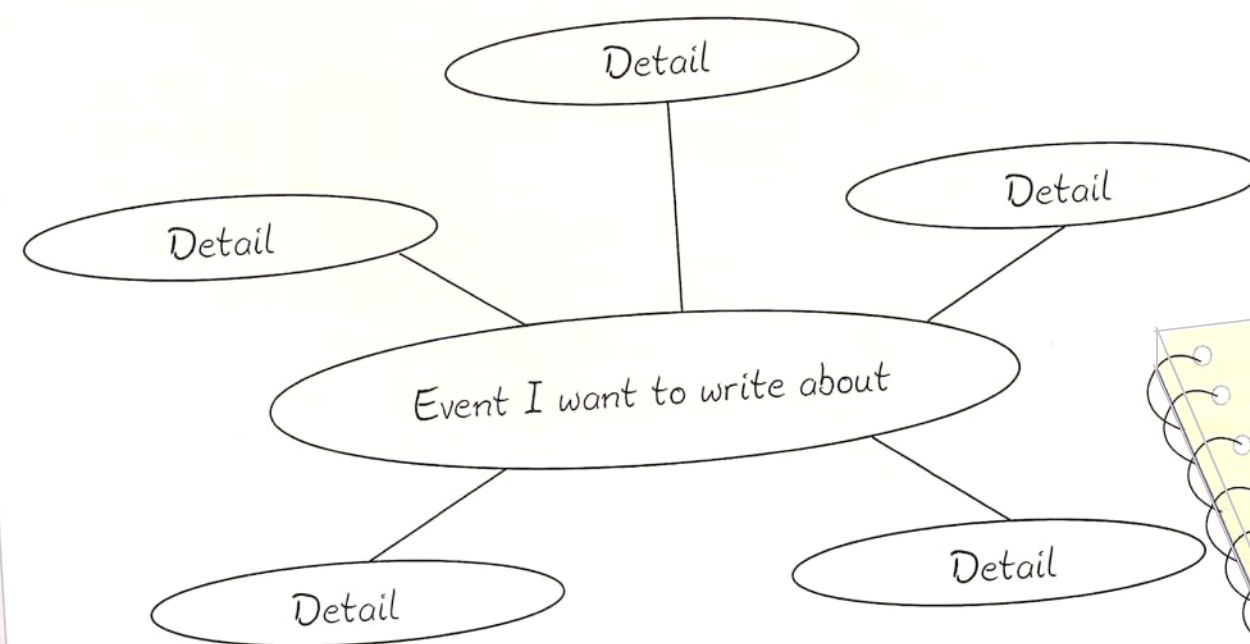
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Here are some tips¹ to help you start your journal.

Write the date at the top of the page for each entry.
 A journal isn't very useful if you don't know when you wrote each entry!

Organize your thoughts before you begin writing.
 You can make a list of the events or observations you are writing about first. Include some details² underneath each event. Or you can use a graphic organizer like the one below. Place the event you want to write about in the middle. Then place details about the event in each outer circle. If there is more than one event, use a second organizer. Write about each item in one paragraph in your entry.

Illustrate³ your entry.
 Draw sketches⁴ of the scenery⁵ and your experiences. Draw diagrams of new things you've seen, and label the parts to help you remember what you've learned.



THINK & APPLY

Create your own unique journal from a spiral notebook⁶ by adding fabric, paper, or pictures to the cover. Write in it when you travel or have new experiences. Try either writing a little bit in your journal each day, or writing a few long entries when you have breaks from vacation activities.

1. tip *n.* 有用的小建议
 2. detail *n.* 细节
 3. illustrate *v.* 为……作插图或图表
 4. sketch *n.* 素描; 速写
 5. scenery *n.* 风景; 风光
 6. spiral notebook 螺旋芯活页簿